

EMERGENCY FIRST AID

INTRODUCTION

We know that it's not always practical to send employees off-site for training especially when you have a group of people who require the same course. We can provide group training at your premises.

The Emergency First Aid course is designed for people who want to receive training in emergency first aid. It is especially suited for nominated first aiders in smaller, low risk working environments, such as small offices. The course covers first aid protocols for adult casualties only.

OBJECTIVES

By the end of this training participants will be:

- able to recognise life-threatening situations;
- able to manage a casualty while waiting for more qualified medical help to arrive;
- able to provide single-person CPR on an adult;
- use an AED in a cardiac arrest situation.

TOPICS

This course provides basic lifesaving first aid skills and knowledge of workplace health and safety regulations, covering:

- Adult resuscitation (CPR)
- Burns and scalds
- Choking adult
- Communication and casualty care
- Defibrillator prompts and how to respond*
- Defibrillator pad placement*
- Minor and severe bleeding
- Role of the first aider
- Seizures
- Shock
- Unresponsive adult

* The delegates will practice the use of AED on AED devices dedicated for training.

PREREQUISITES

There are no formal entry requirements for this course. The language of instruction can be in Maltese or English.

We can provide:

- first aid and fire safety training to help you comply with workplace legislation.
- first aid training at your premises.
- training at a date and time that suits your staff and business needs.
- competitively priced group training that will reduce the cost per head.

DELIVERY & INSTRUCTIONAL AIDS

The mode of delivery involves presentations, demonstrations, scenarios, discussions and practical sessions. Participants will be provided with handouts. If the course is held away from our premises, the organisation is required to provide data projection facilities and a flip-chart/whiteboard.

INSTRUCTORS

This course is delivered by qualified and experienced St John Ambulance & Rescue instructors both in terms of instruction and experience of administering First Aid during community duties

DURATION

The duration of the course is 7 hours excluding breaks. The course can be delivered over 2 days (3.5 hrs per day excluding breaks).

ASSESSMENT & CERTIFICATION

- Continuous observation by the trainer.
- A certificate with a 3-year validity will be issued to delegates who successfully complete the course.
- The St John Ambulance & Rescue First Aid certificate fulfils the obligations of the local Occupational Health & Safety Legislation.

FEE*

The minimum fee for group training is €300 for up to 12 participants. Additional participants can be added at a fee of €25 per person.

The official St John Ambulance First Aid manual (full colour) will be bundled with the course at a special discount of €5 per copy (subject to availability).

*Proceeds from our training courses support services provided by St John Ambulance & Rescue for the community. St John Ambulance Malta is an Enrolled Voluntary Organisation (VO/0919) in terms of Article 3 of the Voluntary Organisations Act, 2007

OTHER INFORMATION

St John Ambulance Malta Training Branch was established in 1882. It is the oldest St John Ambulance teaching branch outside the United Kingdom. Every year we train hundreds of employees and members of the general public in first aid skills.

Many entities, including the Armed Forces of Malta, have adopted the St John Ambulance First Aid course as the standard course for their staff. Such entities ensure that their staff always have a valid St John Ambulance First Aid certificate.